

Plastic Free July

Loddon Mallee Waste and Resource Recovery Group

Choose to Refuse this Plastic Free July

Have you joined the 2019 Plastic Free July challenge and are actively choosing to refuse single-use plastics?

This global movement has seen millions of people from across the globe be part of the solution to plastic pollution.

Whether you are just getting started or looking for ways to further reduce your reliance of single-use plastic, the Plastic Free July website (www.plasticfreejuly.org) is well worth a visit.

There are plenty of residents in the Loddon Mallee region who are already doing a great job to reduce single use plastic, from reducing plastic shopping bags, to disposable coffee cups and plastics straws. Now it's time to build on this great work and look at other items we can reduce or replace with more sustainable options such as replacing party balloons with bubbles, avoid excess packaging and using a reusable water bottle.

Some of the favourite ways the Loddon Mallee Waste and Resource Recovery team are reducing their single use plastics include:

- Taking our reusable containers and bags everywhere – we are regulars at the local grocery, bakery and fruit stores with our own bags
- Using coffee grounds instead of pods for our morning coffees
- Glad wrap has been replaced with beeswax wraps or reusable containers
- Shampoo bars have made an appearance in some households

For more helpful tips and information relating to waste and resource recovery services within your area download the FREE Loddon Mallee Waste Info App or visit the Loddon Mallee Waste and Resource Recovery Group website www.lmwrrg.vic.gov.au.

Caring for our environment by reducing waste to landfill.

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